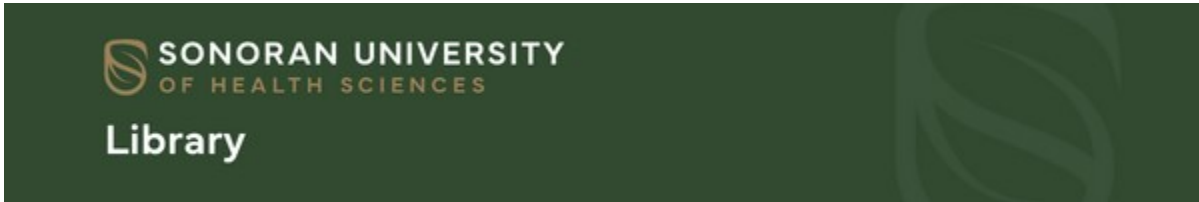


**Robert Wilbanks**

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**From:** Library  
**Sent:** Wednesday, July 5, 2023 10:54 AM  
**To:** Library  
**Subject:** Sonoran University Library News: Tips, Tricks & Tidbits



*Providing the Resources You Need, Giving You the Power to Succeed.*

**NEWSLETTER**  
**Tips, Tricks & Tidbits**  
**July 5, 2023**

**WELCOME BACK**

Hope you had an enjoyable Break

*Good Luck in the Term*

**FOOTWEAR REQUIRED IN THE LIBRARY**

Yes, it is getting warm, but Footwear is required in the Library. In addition to creating an unprofessional appearance, bare feet in the library is considered a health and safety issue. Footwear is required in the Sonoran University Library.

**LIBRARY OPEN TO ALL AT SONORAN UNIVERSITY**

All members of the Sonoran University Community (Students, Faculty, Physicians, Staff, & Alum) can use the library and its various resources, including checking out books, and online resources. Please avail yourself of this benefit; contact the Library to set up an account with us anytime. Also, come by at your convenience and let us show you how you can best utilize the resources that fit your needs.

# FREE DIGITAL ANATOMY ATLASES ON THE WEB

## Mission

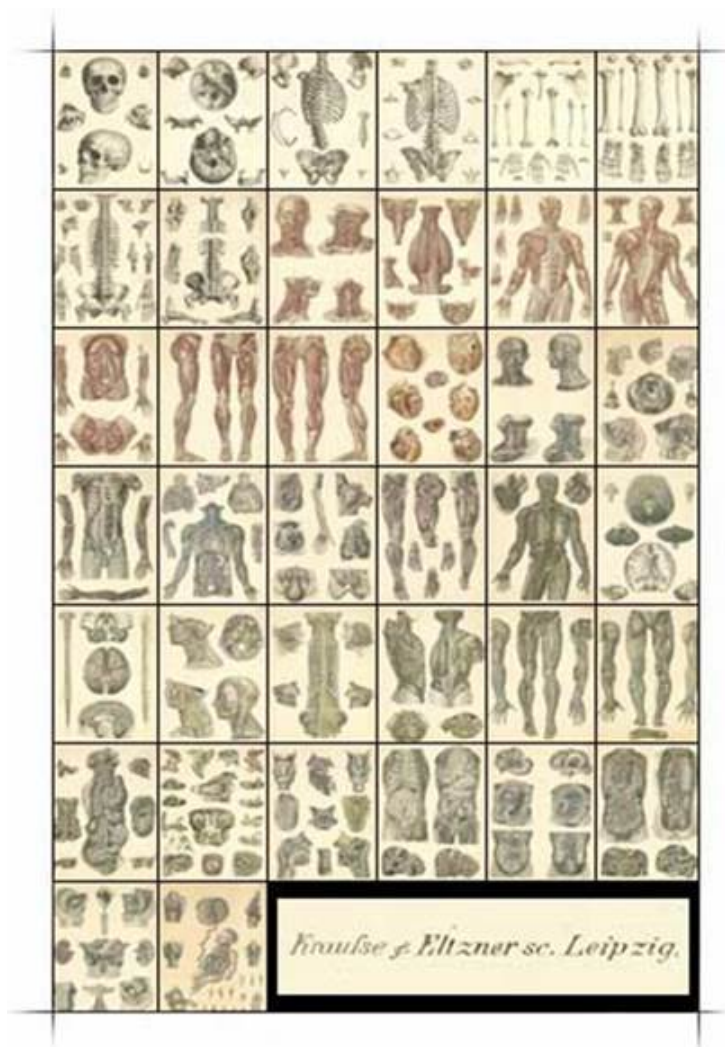
Anatomy Atlases is an anatomy digital health sciences library that has been uniquely committed since 2006 and through its predecessors since 1995:

1. To educate patients, healthcare providers, and students in a free and anonymous manner;
2. For the purpose of improving patients' care, outcome, and lives;
3. Using current, authoritative, trustworthy health information;
4. While serving as a platform for research into the challenges facing world-wide information distribution.

## Goals

1. Curate a comprehensive digital library of anatomy information for patients and providers.
2. Maximize the impact of this digital library by enhancing awareness among potential users at local, national, and international levels.
3. Ensure an optimal educational experience through simplicity and clarity in design.
4. Lead the way to a better understanding of digital libraries through a process of on-going evaluation.

URL: <https://www.anatomyatlases.org>



Find evidence-based, accurate and actionable information on best practices with *Nutrition Reference Center*, a point-of-care tool designed specifically for dietitians and nutritionists. Users can access trusted resources for education, practice and research to provide their patients with the highest level of care possible. Available through the Library's MySonoran Resources page.

### Content Includes

- Condition-specific diet topics
- Food-specific topics
- Nutrition skills checklists
- Cultural competencies
- Over 75 high-quality CEU modules
- Key reference books
- Nearly 600 relevant patient education topics
- Breaking news
- Relevant clinical updates

## ATTENTION ND STUDENTS PREPARING FOR THE NPLEX BOARD EXAMS

For those ND Students preparing to take the NPLEX Board Exams, here is some information of the Library's Board Related Study Resources. Please take advantage of what we have. If you have any questions, come and talk to the Library Staff. We have what you need to help you succeed.



First, of course, we have the question banks. Links are provided on the Library's MySonoran page: <http://my.sonoran.edu/ICS/Library> and board review databases and Register to create an account for access from home.

Also, the Library has many copies of the original NPLEX parts 1 & 2 Study Guide, often referred to as the NPLEX Blueprints (though it is no longer blue). The 2016 and newer editions are no longer available in hard copy, but PDF versions are available to all Sonoran Students, Faculty and Staff on the "Individual E-Books" page at [https://my.sonoran.edu/ICS/Library/Naturopathic Medicine Resources.jnz](https://my.sonoran.edu/ICS/Library/Naturopathic_Medicine_Resources.jnz) of the Library MySonoran page; you must be logged in to MySonoran to view this page. Past issues of the NPLEX Study Guides, 2012 through 2015, are available in hardcopy and may check out for 3 weeks. In addition to sample questions, of note in the back of these books are listings of the books often referenced for creating the questions for the NPLEX. The Sonoran Library has many copies of these books in the collection.

Additionally, the Library has many many book resources, such as current and many past issues of the "First Aid" series for the USMLE. Current and many past issues of the "Healing Mountain", an now "Wild Brilliance", publications on preparing for the NPLEX are also available, and for the NPLEX 2, we have a few copies of the great publication "Core Knowledge for NPLEX 2."

We also have many of the books of the "Board Review Series" aka "BRS", the "Made Ridiculously Simple Series", and more, plus we have Flash Cards for topics such as Anatomy, Pathology, Botanical Medicine, Physical Medicine, Homeopathy, and more. Please come in and ask the Librarians for help accessing our online resources and about our many varied Board Review materials on the shelves.

## BOOKDROP LOCATIONS

While the preference is for you to return materials directly in the hands of a Library Staff member, we recognize that is not always possible. The Library has two Book Drop locations for returning Library items. One is indoors, and the other is outdoors, for when the building is inaccessible.

1. In the Lim Commons, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall).



2. Outside on the North East corner of the Lim Commons Building, there is a large brown Book Drop Box.



Please **DO NOT** leave library materials on the Library Front Desk when the desk is unattended.

**Please DO NOT** put **Reserve** and **Reference** items in the Outdoor Book Drop Box. This box is not checked as frequently as the indoor drop box, so your items could end up late with fines.

## APPOINTMENTS STILL REQUIRED CANCELLATION ESSENTIAL Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. Please make sure that you are [reserving study space inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

### CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: [library@sonoran.edu](mailto:library@sonoran.edu)

If you have any questions, don't hesitate to ask.  
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:  
Monday-Friday: 8:00am-5:00pm  
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,  
Library Staff



Evidence-  
Based, Naturally

**Library Staff**  
Sonoran University Library

**Sonoran University of Health Sciences**  
2140 E Broadway Rd. | Tempe, AZ 85282  
480-222-9247 (office) | 480-222-9447 (fax)  
[Library@Sonoran.edu](mailto:Library@Sonoran.edu)

[Library Home Page](#) [Library Facebook Page](#)

[sonoran.edu](http://sonoran.edu)

