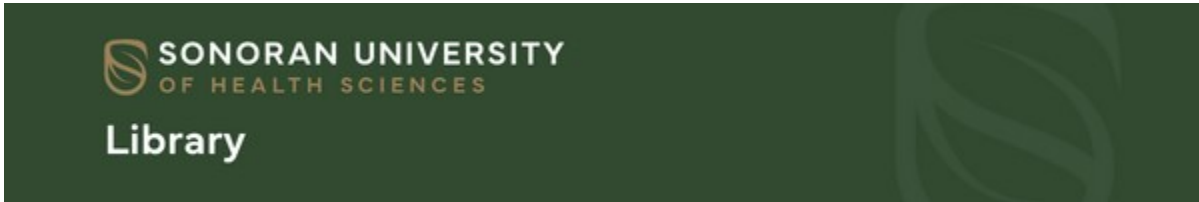


**Robert Wilbanks**

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**From:** Library  
**Sent:** Tuesday, July 11, 2023 8:21 AM  
**To:** Library  
**Subject:** Sonoran University Library News: Tips, Tricks & Tidbits



*Providing the Resources You Need, Giving You the Power to Succeed.*

**NEWSLETTER**  
**Tips, Tricks & Tidbits**  
**July 11, 2023**

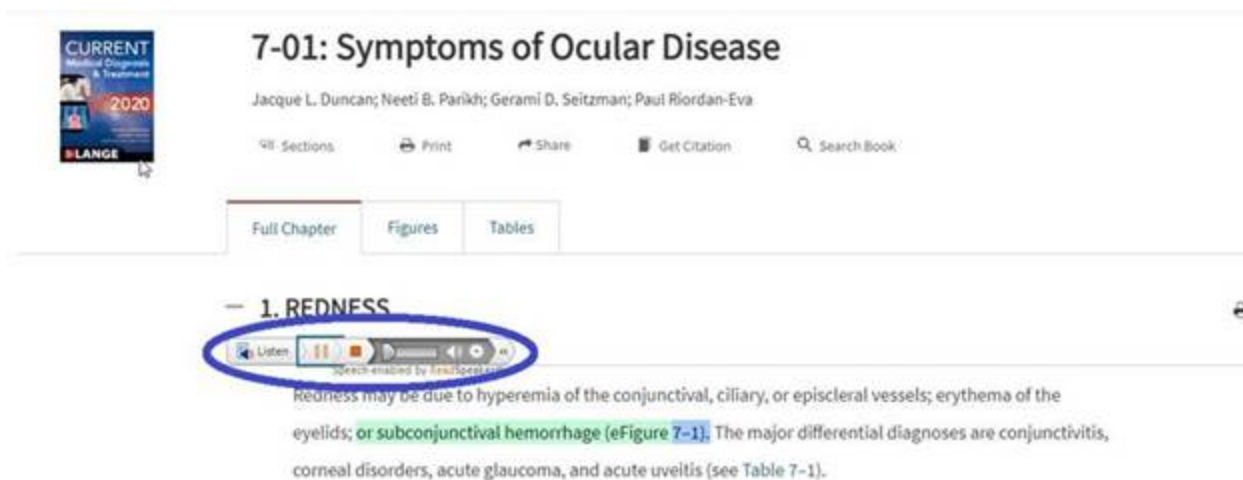


Journal articles can be a big part of the research and papers you do at Sonoran University. One of the Journals Databases that the Library subscribes to is Alt-Healthwatch. This is a full-text alternative health research database focused on complementary, holistic and integrated approaches to health care and wellness, including botanical medicine, nutrition, homeopathy and more. If you need just a few, quick to obtain, articles for your research project, Alt-Health Watch will usually suffice. It is widely used by many American libraries. This indexing and retrieval service provides a broad but selective sampling of articles, all full-text, from 180 alternative, integrative and naturopathic medical, and nutrition, journals, as well as workshops, conferences, etc., featuring all kinds of alternative therapies and modalities. Unlike other services, it usually includes full text retrieval. Some items in this database are consumer-oriented rather than scholarly; but when beginning a search, it is possible to limit it to only scholarly, peer-reviewed journal articles. Many public libraries, community college libraries and hospital libraries may have this alternative medicine database in their resources.

To access the Sonoran University Library's subscription, utilize the links provided in the ***A to Z List of Resources*** on the Library's MySonoran Resources Databases Holdings page:  
[https://my.sonoran.edu/ICS/Library/Library\\_Resources\\_Holdings.jnz](https://my.sonoran.edu/ICS/Library/Library_Resources_Holdings.jnz)

## DID YOU KNOW: SOME E-BOOKS HAVE AUDIO READING ABILITIES

If you were not aware, some of the Electronic Books, available through the various databases, have Audio Readers imbedded by Chapter or Sections. Additionally, while listening to the Audio Reader, you can follow along as what is being read is highlighted. Here is an image example from the book **Current Medical Diagnosis & Treatment** available in the AccessMedicine database. See the audio reader button circled in blue with the section being read highlighted in green and the immediately word being read in blue:



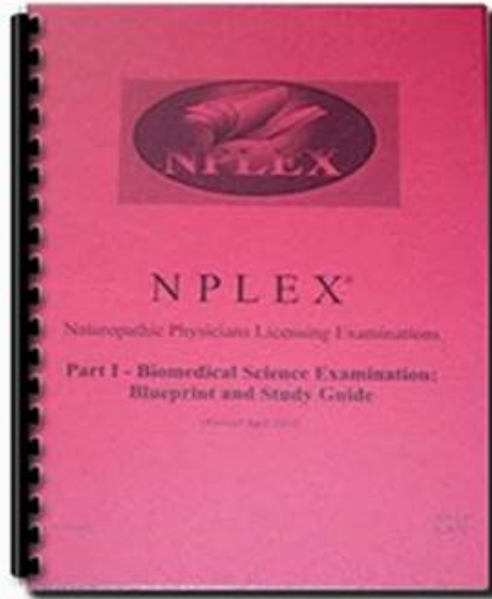
## ELECTRONIC TEXTBOOKS AVAILABILITY

Please be aware: Unfortunately, many publishers will not make electronic books available to Libraries and other Academic Institutions. Therefore, we are unable to acquire certain titles of required or recommended textbooks for the Nutrition Programs, and possible other courses, in the ebook format for the Sonoran University Library Collection. We greatly apologize for the inconvenience.

## !!! MISSED EXAMS & TESTING CENTER IN THE LIBRARY !!!

It is a reality that "Life Happens while you are busy making other plans". Medical School is no different. It is understood that outside forces may prevent you from making it to a scheduled exam. In addition to the many functions of the Sonoran University Library, and among the various rooms and resources, the Library also has a Testing Center, which is utilized in conjunction with the Dean of Students Office, and the Accessibility Office, for those times when unforeseen events occur. As soon as possible (within 24 hours), before anything else, notify your Faculty **AND** the **Dean of Students** of your inability to attend class. This will dictate whether you will be allowed to Make-up an exam. Meanwhile, additionally, before or when an exam is missed, immediately contact the Dean of Students or Library Staff for information on the process and form to make up an exam. For any questions or clarification, please feel free to discuss or initiate the process with the Dean of Students or Library Manager. It is upon you to take the necessary action(s) to make-up a missed exam. Visit the Library's Testing Center MySonoran page for more information, including a link to the formal Make-Up Exam Procedure document: [https://my.sonoran.edu/ICS/Library/Testing\\_Center.jnz](https://my.sonoran.edu/ICS/Library/Testing_Center.jnz)

## **NPLEX BLUEPRINTS STUDY GUIDES**



In addition to the Exam Master and Board Vitals online questions databanks, the Sonoran University Library has many copies of the original NPLEX parts 1 & 2 Study Guide, often referred to as the NPLEX Blueprints (though it is no longer blue). Beginning in 2016, these books are no longer available in hard copy, but a PDF version is available to all Sonoran Students, Faculty and Staff on the “Naturopathic Medicine Resources” page at [https://my.sonoran.edu/ICS/Library/Naturopathic\\_Medicine\\_Resources.inz](https://my.sonoran.edu/ICS/Library/Naturopathic_Medicine_Resources.inz) of the Library MySonoran page; you must be logged in to MySonoran to view this page. On this page you will find downloadable PDF copies from 2016 to 2022. Meanwhile, older Past issues of the NPLEX Study Guides, 2012 through 2015, are available in hardcopy and may check out for 3 weeks. In addition to sample questions, of note in the back of the books are listings of the books often referenced for creating the questions for the NPLEX. The Library has many copies of these books in the collection, and they are usually available for check-out.

## **VISITORS WELCOME**

We are very pleased to announce that Alumni, and various other guests, are again Welcome to visit the Sonoran University Library. Come to explore our many various resources for personal use, or just find a nice quiet corner to study, research, and more. Library Staff is happy to provide tours of the facility and the collection, and provide assistance and instruction on best research practices, and more. Local area Alum may check out materials just as you did when you were a student. Please come by to visit. We look forward to seeing you again.

## **BADGE REQUIRED**

**Don't Forget Your Sonoran University Identification Badge**

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

## DRY ERASE MARKERS

Dry Erase Markers are available in the Library for a limited check-out period of 24 hours. When you are done with the markers, please return the markers directly to staff, or to the Indoor Library Book drop. This can be found in the Lim Commons, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall). Make sure you are returning 4 markers (black, red, green, blue) and an eraser in the Sonoran University Library bag with ID barcode number. Kits returned late or incomplete will be assessed fees to the borrower.

## LIBRARY TECHNICAL SUPPORT ON MYSONORAN

The library is very excited to announce a new Library page on the Library MySonoran site. It is Library Technical Support: [https://my.sonoran.edu/ICS/Library/Library\\_Technical\\_Support.jnz](https://my.sonoran.edu/ICS/Library/Library_Technical_Support.jnz) It is live and active now. You will need to be logged in to MySonoran to access. Please go to this page for our many Troubleshooting tips regarding strictly Library Technical issues when having trouble accessing the Library's resources and utilizing your Sonoran Library account. You will also note MobilityPrint and Lockdown browser information is incidentally included as well; with direction to seek assistance from I.T. as needed.

## VOLUNTEER TIME IN THE LIBRARY

Volunteer time in the Library does meet your required Volunteer time for graduation. The Library has great easy projects for volunteers to help continuously improve the Library's abilities to meet the needs of the entire Sonoran University Community. Come speak to a Library staff member about volunteering some time this Quarter. You can create your own volunteer schedule.

## SONORAN UNIVERSITY LIBRARY FACEBOOK PAGE

The Sonoran University Library has a Facebook Page. Are you following us? "Like" our page and learn about our many resources and services. We are here to help. Come by and visit, or contact us.

<https://www.facebook.com/sonoranlibrary/> Share with your colleagues.



## APPOINTMENTS REQUIRED CANCELLATION ESSENTIAL Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. Please make sure that you are [reserving study space inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

### CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: [library@sonoran.edu](mailto:library@sonoran.edu)

If you have any questions, don't hesitate to ask.  
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:  
Monday-Friday: 8:00am-5:00pm  
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,  
Library Staff



Evidence-  
Based, Naturally

**Library Staff**  
Sonoran University Library

**Sonoran University of Health Sciences**  
2140 E Broadway Rd. | Tempe, AZ 85282  
480-222-9247 (office) | 480-222-9447 (fax)  
[Library@Sonoran.edu](mailto:Library@Sonoran.edu)

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