

Robert Wilbanks

From: Library
Sent: Tuesday, February 10, 2026 8:14 AM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits

 **SONORAN UNIVERSITY**
OF HEALTH SCIENCES
Dr. Soram & Caroline
Khalsa Health Sciences Library

Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER

Tips, Tricks & Tidbits

February 10, 2026

FAREWELL IRENE

Please join me in saying farewell and sending best wishes to Irene Hansen, Sonoran Library Assistant I. Irene has submitted her resignation and will be leaving us for a wonderful opportunity at the Scottsdale Community College Library:



Irene Hansen
Library Assistant I

Irene came to us in late February in 2025. At the University of Illinois at Urbana-Champaign, she acquired her Bachelor of Arts in United States History, and her Master of Science in Library and Information Services. For ten years she was at the University of Wisconsin-Madison, as a Reference Librarian for the Wisconsin Historical Society Library there, and as an instructor and program coordinator for the School of Library and Information Studies. Just before joining us at Sonoran she was a Library Assistant for the Maricopa County Library Districts Fountain Hills branch. She has a wealth of experience as a Librarian, as well as a wealth of technology skills. She has been a great benefit to the Library Team this past year and will be missed.

Come by and say farewell. Her last day here will be this Thursday, February 12th, 8am to 2pm.

EVIDENCE-BASED MEDICINE – EVIDENCE-BASED PRACTICE A LIBRARY MYSONORAN PAGE OF INSTRUCTION & RESOURCES

One of the Library's MySonoran pages is an overview of *Evidence-Based Practice*, aka *Evidence-Based Medicine*, with links to instructional and other very informative information.

Definition:

Evidence based practice (EBP) is the conscientious use of current best evidence in making decisions about patient care (Sackett, Straus, Richardson, Rosenberg, & Haynes, 2000).

It is a problem solving approach to clinical practice and administrative issues that integrates:

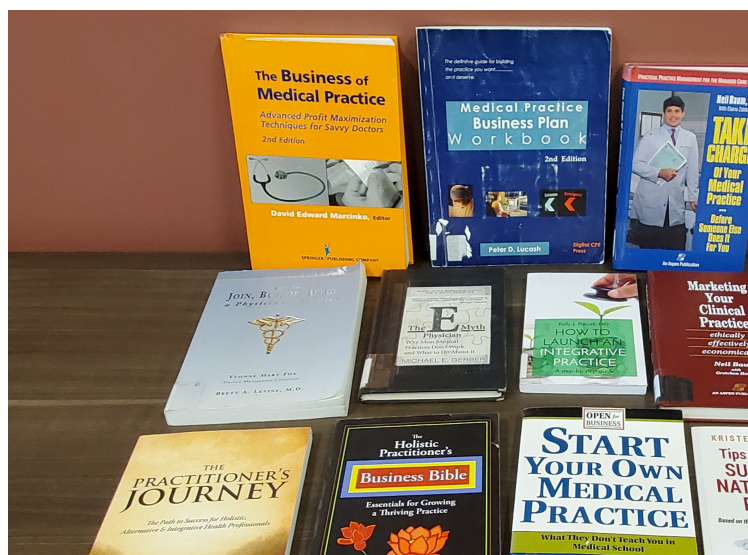
- A systematic search for and critical appraisal of the most relevant evidence to answer a burning clinical question
- One's own clinical expertise
- Patient preferences and values (Melnik & Fineout-Overholt, 2014)

The EBP process is a method that allows the practitioner to assess research, clinical guidelines, and other information resources based on high quality findings and apply the results to practice.

Visit the Library's [Evidence Based Practice](#) page on MySonoran for more information, including links to tutoring resources, and the Joanna Briggs Institute : [https://my.sonoran.edu/ICS/Library/Evidence Based Practice.jnz](https://my.sonoran.edu/ICS/Library/Evidence%20Based%20Practice.jnz)

LIBRARY RESOURCES ON RUNNING A HEALTH PRACTICE

This image shows just a small number of the books in the Sonoran University Library with respect to medical and other health related business practices, including getting started, creating a business plan, marketing and achieving success, etc. There are also books specific to starting a Naturopathic / Holistic practice, and so much more. If you plan on starting a business with your completed degree, our books may be just what you need to get started. Please utilize the Library's Catalog to find these and many more resources in the Sonoran Library collection: <http://librarycatalog.sonoran.edu>





The Sonoran University Library subscribes to the following McGraw-Hill Medical series of databases: AccessMedicine & AccessPediatrics. While the electronic books are the most popular among our students, with a MyAccess Profile, you can have access to these two databases with one easy log-on. Plus, you will have access to many more features, such as CaseFiles, Drug Monographs, Quick Reference materials, Patient Education materials that you can tailor edit, multimedia and interactive learning tools, and much, much more. You can also bookmark your favorite content and organize them. We very much highly recommend you create a MyAccess Profile.



Creating a MyAccess Profile

Unlock a Higher Level of Productivity with a MyAccess Profile

Ease of Access

- Connect remotely using your MyAccess profile whenever and wherever you are – no VPN or extra credentials required



Interactive Tools and Personalization

- Bookmark 'favorite' content
- Create personal folders and save important chapters, cases, video, images and tables
- Access strengths and weaknesses by creating and saving practice tests in Self-Assessment
- Evaluate real-world patient scenarios using Cases
- Gain and track CME credits
- Save time downloading multiple images or table to PowerPoint with citations and references automatically populated

You can create a MyAccess Profile anytime from anywhere on campus when you link out from the AccessMedicine link on the Library's MySonoran homepage. Or Create a MyAccess Profile from this link while on campus (while connected to the Sonoran University wi-fi): <https://mhmedical.com/umbrella-index.aspx>

DRY ERASE MARKERS

Dry Erase Markers are available in the Library for a limited check-out period of 24 hours. When you are done with the markers, please return the markers directly to staff, or to the Indoor Library Book drop. This can be found in the Lim Commons, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall). Make sure you are returning 4 markers (black, red, green, blue) and an eraser in the Sonoran University Library bag with ID barcode number. Kits returned late or incomplete will be assessed fees to the borrower.

BIOMED CENTRAL



Free access to the highly rated journals published by [BioMed Central](#). BioMed Central (BMC) is a United Kingdom-based, for-profit scientific open access publisher that produces over 250 scientific journals. All its journals are published online only. BioMed Central describes itself as the first and largest open access science publisher. It was founded in 2000 and has been owned by Springer, now Springer Nature, since 2008.

A pioneer of open access publishing, BMC has an evolving portfolio of high quality peer-reviewed journals including broad interest titles such as BMC Biology and BMC Medicine, specialist journals such as Malaria Journal and Microbiome, and the BMC Series.

Expanding beyond biomedicine into the physical sciences, mathematics and engineering disciplines, BMC now offers a wider portfolio of subject fields on a single open access platform. At BMC, research is always in progress. They are committed to continual innovation to better support the needs of our communities, ensuring the integrity of the research we publish, and championing the benefits of open research. BMC is part of Springer Nature.

BADGE REQUIRED

Don't Forget Your Sonoran University Identification Badge

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

NO FOOD IN THE LIBRARY
PLEASE HELP KEEP THE LIBRARY CLEAN



APPOINTMENTS REQUIRED **CANCELLATION ESSENTIAL** Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



Evidence-
Based, Naturally

Library Staff
Sonoran University Khalsa Health Sciences Library

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