**Robert Wilbanks**

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**From:** Library
**Sent:** Tuesday, August 18, 2026 12:20 PM
**To:** Library
**Subject:** Sonoran University Library News: Tips, Tricks & Tidbits

SONORAN UNIVERSITY OF HEALTH SCIENCES
Dr. Soram & Caroline
Khalsa Health Sciences Library

***Providing the Resources You Need, Giving You the Power to Succeed.***

# NEWSLETTER
# Tips, Tricks & Tidbits
## August 18, 2026

UpToDate
PROVIDING ANSWERS TO CLINICAL QUESTIONS

UpToDate is an evidence-based, physician-authored clinical decision support resource which clinicians trust to make the right point-of-care decisions. More than 6,300 world-renowned physician authors, editors, and peer reviewers use a rigorous editorial process to synthesize the most recent medical information into trusted, evidence-based recommendations that are proven to improve patient care and quality. More than 1.1 million clinicians in 180 countries and almost 90% of academic medical centers in the United States rely on UpToDate to provide the best care. That trust has been earned because of the integrity of our recommendations, including the fact that we never accept funding from pharmaceutical companies, medical device manufacturers or other commercial entities.

To use UpToDate, you must link out from the link provided on the Library's MySonoran page. When on campus, anywhere, UpToDate is fully accessible without any log-in requirements. For off-campus remote access, first while on campus you must register to create an individual unique account with your Sonoran University e-mail address. Your personal Sonoran registered account will allow you to log-on anywhere for full access. Additionally, you will have the option to download the Mobile app on your phone.

## BADGE REQUIRED
### Don't Forget Your Sonoran University Identification Badge

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

## WELCOME SHEILA DONNELLY, MLS
## SONORAN'S NEW UNIVERSITY LIBRARIAN

The Library is so very exciting to announce our newest Teammember. Please welcome **Sheila Donnelly, M.L.S.,** to Sonoran University as our new **University Librarian**!

Sheila brings over two decades of academic and public library experience, most recently as Academic Services Manager and Research & Instruction Librarian at Midwestern University Library, where she coached and mentored library staff, led information literacy instruction for faculty and students across programs including Osteopathic Medicine, Optometry, and Podiatric Medicine, and developed research guides and tools used university wide.

A skilled expert in PubMed, Embase, Web of Science, and evidence-based practice methodologies, Sheila has a strong track record of guiding systematic reviews, teaching advanced literature searching, and building user-centered library services that align closely with curriculum needs.

She holds a Master of Library Science from the University of Arizona and is an active member of the Medical Library Association and American Library Association.

In her new role as Sonoran's University Librarian, Sheila will lead our library team, working closely with Robert Wilbanks, our Library Manager, to continue advancing the library's vital role in our academic community.

Please stop by the library to say hello in person or send a hello by chat over Teams to join me in giving Sheila a warm welcome as she joins our community!

## Psychology / Psychiatry eBook Collection from EBSCO

Visit this extensive online collection of over 850+ ebooks on Psychology, Behavioral Health, and Counseling.

## HEADPHONES AVAILABLE IN LIBRARY

If you were not aware, the Library does have headphones that you may use while in the Library. This will allow you to watch and/or listen to audio and video files, databases and presentations in the Library while maintaining the quiet environment for your fellow classmates who are also studying in the Library. You may checkout headphones at the Library Main Desk. Please return them when you are done.

## KNOW YOUR BOOK

Please be aware that the Library Staff does not know the Required or Recommended Textbooks for all ND and Nutrition Courses this Quarter. And they do not have access to any of the courses on canvas and/or all the course syllabi. So when seeking Library Staff assistance in locating a Textbook, please know the book title and author; providing the course name and instructor can be useful at times. If you are unsure of the textbook you are coming to locate, having the course syllabi open on your electronic device will be most helpful to the staff.

Freebookcentre.net contains links to thousands of free online technical books. The books collection are either downloadable or can be viewed online. Our collections include core Computer Science, Electronics, Science, Medical and many more. As examples, follow these links for free books in the categories indicated . . .

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Free Online Nutrition Books
: http://www.freebookcentre.net/medical_text_books_journals/nutrition_ebooks_online_texts_download.html

Free Online Business and Finance Books : http://www.freebookcentre.net/Business/Business-and-Finance-Books.html

## LIBRARY TIP: WHITE BOARDS GET ERASED

Take pictures of the information and artwork that you place on the white boards in the Library, and other Lim Commons, study rooms. We cannot guarantee that it will still be there hours later or the next day. With the photos on your phone, you can refer to, or study from them later, or use them to recreate on another white board elsewhere at a later date.

## LIBRARY TECHNICAL SUPPORT ON MYSONORAN

On the Library MySonoran site you can find a page for Library Technical Support: https://my.sonoran.edu/ICS/Library/Library_Technical_Support.jnz You will need to be logged in to MySonoran to access. Please go to this page for our many Troubleshooting tips regarding strictly Library Technical issues when having trouble accessing the Library's resources and utilizing your Sonoran Library account. You will also note MobilityPrint and Lockdown browser information is incidentally included as well; with direction to seek assistance from I.T. as needed.

# BOOKDROP LOCATIONS

While the preference is for you to return materials directly in the hands of a Library Staff member, we recognize that is not always possible. The Library has two Book Drop locations for returning Library items. One is indoors, and the other is outdoors, for when the building is inaccessible.

1. In the Lim Commons Building, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall).

2. Outside on the North East corner of the Lim Commons Building, there is a large brown Book Drop Box.

Please ***DO NOT*** leave library materials on the Library Front Desk when the desk is unattended.

***Please DO NOT*** put ***Reserve*** and ***Reference*** items in the Outdoor Book Drop Box. This box is not checked as frequently as the indoor drop box, so your items could end up late with fines.

# APPOINTMENTS REQUIRED
## CANCELLATION ESSENTIAL
### Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are ***NOT*** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are reserving study rooms inside the Library due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

## CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : http://library.sonoran.edu
- Library Catalog : http://librarycatalog.sonoran.edu
- Library Facebook Page: http://facebook.com/sonoranlibrary
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff

Evidence-Based, Naturally

**Library Staff**
Sonoran University Khalsa Health Sciences Library

**Sonoran University of Health Sciences**
2140 E Broadway Rd. | Tempe, AZ 85282
480-222-9247 (office) | 480-222-9447 (fax)
Library@Sonoran.edu

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**sonoran.edu**